

Congresswoman Matsui offers both part-time and full-time internships in her Washington, DC and Sacramento offices. These positions are a unique and exciting way to gain experience in a congressional office and a window into the federal government. Internships are open to high school, college and graduate-level students and many affiliated schools and programs offer academic credit

Duties can include attending congressional committee hearings and legislative meetings, writing issue briefs, conducting research, drafting correspondence, performing administrative tasks, and assisting staff when needed. Responsibilities and projects are tailored to each individual's interest and a concerted effort is made to ensure that students' educational and professional goals are met.

Interns are accepted at both of Congresswoman Matsui's offices on a year-round basis. Because interest is particularly high during the summer months, you should submit your resume as soon as possible if you wish to intern during this time.

Sacramento Internships

While there are no specific deadlines for Sacramento internship applications, prospective interns are encouraged to submit applications as early as possible. To apply, please send a resume and cover letter to:

Hon. Doris O. Matsui
Attn: Internship Coordinator
Robert T. Matsui United States Courthouse 501 I Street, Suite 12-600
Sacramento, CA 95814

Washington, DC Internships

Please submit a resume and cover letter detailing why you would make a good addition to the Congresswoman's Washington D.C. office. Applications can be emailed to Daniel Lightstone at daniel.lightstone@mail.house.gov. Please call our office should you have any questions about application submission procedures and availability. Washington D.C. internships are generally awarded to college juniors and seniors, and recent graduates. Summer internships are typically quick to fill, and applicants are encouraged to apply early (by March), as spaces are filled on a rolling basis.

You are welcome to [contact either office](#) with any questions about internships or the application process.